

## Diabetain Capsule\*

**Diabetain** Capsules are orally ingested, as directed, "dietary supplement inserts" for professional and patient use. They provide nutritional support for a healthy blood sugar.

**Indications for Usage: Diabetain** is intended to help prescription medication users better control their blood sugar, and improve energy level for exercise. **Diabetain** is best used in conjunction with metformin, insulin, or with other diabetes drugs, as a supplemental adjunct therapy agent.

**Product Characteristics: (Based on internal scientific data and clinical results)**

American ginseng, a key component of the spheric proprietary blend, is an extract with a defined amount ginsenosides extracted with a defined proprietary solvent mix; and dried with a proprietary spray-dry technology to preserve the integrity of the ingredients, as scientifically verified by RP-HPLC. The proprietary blended ingredients are incorporated with a proprietary technology. Other ingredients include Chromium, Cinnamon, Green Tea, 6 other elements, and Vitamin B12.

**Dosage Directions (and importance of related regular exercise):** Take two capsules daily, or one capsule with a full glass of water for each morning and evening meal. Check A1c blood sugar levels, and adjust your diabetes medication accordingly. For an enhanced effect, exercise regularly for 30-60 minutes, three (3) times a week. If unable to exercise, substitute with brisk walk.

**Preliminary Clinical Data:** There exist clinical studies on **Diabetain** conducted by physicians in the US. On average, **Diabetain** has been shown to reduce A1c from 0.2 to 1.00 when compared with those who used a placebo (test control). A moderate decrease in lipids, blood pressure and weight was also observed in most patients, if they have exercised regularly while taking **Diabetain**. For a summary of these studies, e-mail [cliu@omnifend.com](mailto:cliu@omnifend.com) for a summary data sheet (only available to health professionals; and otherwise for nonprofessionals, a signed Non-disclosure Agreement is required).

**Possible Drug Interactions: (Ref: Natural Medicine Comprehensive Database)**

American ginseng may lower blood glucose. Theoretically, concomitant use with anti-diabetes drugs might enhance blood glucose lowering effects and possibly cause hypoglycemia. Monitor blood glucose levels closely (Ref: Natural Medicine Comprehensive Database).

American ginseng may interfere with MAOI therapy. There is one case report of insomnia, headache, and tremors with concomitant phenelzine (Nardil).

American ginseng can decrease the effectiveness of warfarin therapy. Healthy patients receiving warfarin 5 mg daily, who also take American ginseng 1 gram twice daily, seem to have a significantly reduced international normalized ratio (INR). To avoid this potential interaction, advise patients consult doctor first before using (Ref: PubMed)

**Notice about Adverse effects, Warnings and Precautions:** (Ref: WebMD)

- Do not take if allergic to any individual ingredient;
- Not recommended for patients with hormone-sensitive cancers such as breast cancer, uterine cancer and ovarian cancer;
- Also not recommended for endometriosis, or uterine fibroids patients;
- If trouble sleeping (insomnia) is an issue, use American ginseng with caution.
- Stop taking **Diabetain** at least 2 weeks before any scheduled surgery;
- Stop taking **Diabetain** if a nose bleed is observed;
- Do not take **Diabetain** if under 12 years of age; and
- **Diabetain** is a supplement, and is specifically not intended to be used in place of your prescribed medications. Do not stop taking prescription drug(s) prescribed by your physician.

**Storage:** Store **Diabetain** in a cool, dry place. For best results, consume within three (3) years of the manufacture date.

\* This presentation has been carefully reviewed by Charles H. Liu, R.Ph., Diabetes Clinical Specialist. Please Contact [cliu@omnifend.com](mailto:cliu@omnifend.com) for more information about Diabetain, or call our hotline at **800-207-3892**.